

Z Trim Queso Dip

Dairy

Sauces/ Dips

Recipe # 08-003

Ingredients	50 Servings		100 Servings		Directions
	Weight	Measure	Weight	Measure	
ZTRIM CORN FIBER	0.90	Oz.	1.75	Oz.	1. Premix Z TRIM Powder with the water in a blender until gel like mixture.
Water	21.0	Oz.	42.0	Oz.	2. Heat Cheese over medium heat, add the Z Trim Gel. Stir to combine.
Processed Cheese (American)	22.0	Oz.	44.0	Oz.	3. Add Tomatoes, Chilies, Seasonings, and color if using.
Diced Tomatoes (Chili Seasoned) Rotel Brand (canned and drained).	14.0	Oz.	27.0	Oz.	4. Stir until well blended and heated throughout.
Green Chilies Diced (canned)	6.2	Oz.	12.3	Oz.	5. Serve warm.
Salt	1 1/4	Tsp.	2 1/2	Tsp.	
Cayenne Pepper	1/2	Tsp.	1	Tsp.	
Annatto (Natural Color) <i>optional</i>	1/2	Tsp.	1	Tsp.	

Nutrients Per Serving 34 gram (2 Tbs)					
Calories	40	Saturated Fat	1.5 g	Iron	0%
Protein	2 g	Cholesterol	10 mg	Calcium	6 %
Carbohydrate	1 g	Vitamin A	4 %	Sodium	240 mg
Total Fat	3 g	Vitamin C	2 %	Dietary Fiber	< 1 g

